

The Child & Youth Care Workers' Association of Manitoba
invites you to our 2015 Provincial Conference

Cultivating Success: The Role of Mentorship in Child & Youth Care

Featuring Keynote Speaker:
Dr. Martin Brokenleg
of Reclaiming Youth
International

October 8 & 9, 2015

Delegates Dinner to be held on the
evening of October 8th – featuring a
special session with Dr. Brokenleg

Ramada Viscount Gort Hotel
1670 Portage Avenue
Winnipeg, Manitoba



2015 Provincial Child and Youth Care Conference

REGISTRATION FORM

First Name: _____ Last Name: _____

Position/Job Title: _____ Organization/School: _____

Address: _____

City: _____ Province/State: _____ Postal Code: _____

Phone: _____ Email: _____

REGISTRATION FEES					
		Early Bird <small>(before Aug. 21st)</small>	Regular <small>(deadline Oct. 2nd)</small>	One Day <small>(deadline Oct. 2nd)</small>	<input checked="" type="checkbox"/>
*	Child and Youth Care Association Member	\$160	\$180	\$100	
	Regular Non-Association Member	\$210	\$230	\$125	
*	Student	\$100	\$120	\$70	
	Group (5 or more)	\$170 each	\$190 each	N/A	
					<input checked="" type="checkbox"/>
	Delegates Dinner (featuring Dr. Martin Brokenleg)	\$55	N/A	N/A	
Please list any dietary requirements: _____					
					<input checked="" type="checkbox"/>
**	Lunch Buffet – Thursday, October 8, 2015	\$16 – (incl. taxes, gratuity & 1 drink)			
**	Lunch Buffet – Friday, October 9, 2015	\$16 – (incl. taxes, gratuity & 1 drink)			
TOTAL:					
PAYMENT METHOD					<input checked="" type="checkbox"/>
Cheque (made payable to: Child and Youth Care Workers' Association of Manitoba)					
Money Order					
Etransfer (contact info@cycwam.ca for further instructions)					
TOTAL ENCLOSED:					

***In order to avoid delay, please provide a copy of your Association Membership card/current student identification with your registration form.**

****Due to the volume of participants attending the conference, we are providing the option to pre-pay for the lunch buffet that is offered in the restaurant at the Ramada Viscount Gort Hotel in order to avoid line ups to pay and therefore late arrival to afternoon workshops.**

WORKSHOPS			
Block	Time	Choice 1	Choice 2
Thursday, October 8, 2015			
A	10:45a.m. – 12:15p.m.		
B	1:30p.m. – 4:00p.m.		
Friday, October 9, 2015			
C	1:00p.m. – 2:30p.m.		

Please send your completed registration form and payment to:

CYCWAM
555 Broadway
Winnipeg, MB
R3C 0W4

Cultivating Success: The Role of Mentorship in Child & Youth Care

What is mentorship? It has been defined as a personal developmental relationship in which a more experienced or more knowledgeable person helps to guide a less experienced or less knowledgeable person. The mentor may be older or younger, but have a certain area of expertise. But is this definition accurate? Does it convey the impact that the mentoring relationship can have on the life of those who actively engage in it?

The Child and Youth Care profession is foundationally based on our belief in the power of relationships and in the daily life events in which relationships are formed. Does this change how and who we mentor? Do we encourage the youth we work with to mentor each other and even us? Do we seek out and empower the next generation of Child and Youth Care practitioners by providing strong mentoring relationships?

However you define it or engage in the process, mentorship can create a defining relationship in a life. It creates the support and opportunities for growth and development that cultivate success. These relationships could even be seen as essential to ensure success in all aspects of this exciting field within which we work. Come and join us as we explore these questions and the concept of mentorship.

2015 CONFERENCE SCHEDULE

THURSDAY, OCTOBER 8, 2015						
8:30a.m. – 9:00a.m.	REGISTRATION					
9:00a.m. – 9:20a.m.	GREETINGS					
9:20a.m. – 10:30a.m.	MELANIE WIGHT – FOLLOWED BY NICO & TYREL					
10:45a.m. – 12:15p.m.	A01	A02	A03	A04	A05	A06
12:15p.m. – 1:30p.m.	LUNCH					
1:30p.m. – 4:00p.m.	B01	B02	B03	B04	B05	
DELEGATES DINNER						
5:00p.m. – 6:00p.m.	COCKTAILS					
6:00p.m – 7:00p.m.	DINNER					
7:00p.m.	DR. MARTIN BROKENLEG					
FRIDAY, OCTOBER 9, 2015						
8:30a.m. – 9:00a.m.	REGISTRATION					
9:00a.m. – 11:45a.m.	DR. MARTIN BROKENLEG					
11:45a.m. – 1:00p.m.	LUNCH					
1:00p.m. – 2:30p.m.	C01	C02	C03	C04	C05	C06
2:45p.m. – 4:00p.m.	PANEL & CLOSING REMARKS					

WORKSHOPS AT A GLANCE

THURSDAY, OCTOBER 8, 2015

WORKSHOP #	WORKSHOP TITLE	TIME	PRESENTER(S)
OPENING SPEAKERS		9:20a.m. – 10:30a.m.	Melanie Wight, Nico & Tyrel
A01	"It's touching my tongue and my gitch are too tight!": Mentoring Youth in Self-Regulation	10:45a.m. – 12:15p.m.	Kathryn Zarvie & Leslie Gowanlock
A02	Mentorship From the Mat	10:45a.m. – 12:15p.m.	Susan Claire Johnson & Christy Miyanishi
A03	Exploring the Meaning of Mentorship	10:45a.m. – 12:15p.m.	Deb Fast
A04	Design From Empathy	10:45a.m. – 12:15p.m.	Chris Loewen
A05	Just TV – Mentorship, Empowerment, Independence	10:45a.m. – 12:15p.m.	Erica Daniels, Addison Sandy & Laura Johnson
A06	<i>Building Futures:</i> Engaging a Community To Improve Outcomes for Youth In and From Care	10:45a.m. – 12:15p.m.	Jennifer Fallis
B01	Critical Thinking Leadership... Supporting CYC Excellence Into the Future	1:30p.m. – 4:00p.m.	Frank Delano
B02	"Unraveling the Mentoring Thread": A Multigenerational Reflection on Process and Practice	1:30p.m. – 4:00p.m.	Kelly Grunsten, Jessica Hadley, Andy Leggett & Thom Garfat
B03	<i>I See You, I Hear You:</i> Encouraging Youth Voice	1:30p.m. – 4:00p.m.	Diane Parris & Marie Christian
B04	Mentoring or Being Mentored	1:30p.m. – 4:00p.m.	Bev Wiebe
B05	Positive Engagement with Hard to reach Youth	1:30p.m. – 4:00p.m.	Sara Harrison & Lise Brown
DELEGATES DINNER		5:00p.m.	Dr. Martin Brokenleg

FRIDAY, OCTOBER 9, 2015

WORKSHOP #	WORKSHOP TITLE	TIME	PRESENTER(S)
KEYNOTE SPEAKER		9:00a.m. – 11:45a.m.	Dr. Martin Brokenleg
C01	Mentoring through Educational Conversations in Youth Work	1:00p.m. – 2:30p.m.	Ebenezer Duncan-Williams
C02	Mentorship through Leadership Development	1:00p.m. – 2:30p.m.	Michelle Van Hove
C03	"Live my Life: See What it's Like" Research & Video Project	1:00p.m. – 2:30p.m.	Diane Parris
C04	Games Leader	1:00p.m. – 2:30p.m.	Sara Harrison
C05	Visions and Voices	1:00p.m. – 2:30p.m.	Selected Speakers
C06	Ethical Leadership Skills promote Psychological Health and Safety	1:00p.m. – 2:30p.m.	Jacqueline Wall
PANEL & CLOSING REMARKS		2:45p.m. – 4:00p.m.	Selected Speakers

WORKSHOP DESCRIPTIONS

THURSDAY, OCTOBER 8, 2015

OPENING SPEAKERS – 9:20a.m. – 10:30a.m.

MELANIE WIGHT

Minister of Children and Youth Opportunities

NICO & TYREL

“Live my Life, See What It’s Like”

SESSION A01 – 10:45a.m. – 12:15p.m.

“It’s touching my tongue and my gitch are too tight!”: Mentoring Youth in Self-Regulation

We all have sensory needs: some oversensitive, some undersensitive. We all work with sensory seekers and sensory avoiders and the behaviours they present mirror many common behavioural problems or disorders. Have you ever wondered why a young person standing in line might interpret a nudge as an attack or fling his arms as a way of swatting a mosquito?

This workshop is an interactive and experiential learning experience about sensory processing and sensory regulation. We will look, feel, touch, and listen and explore strategies to help the body-brain connection so we can assist youth in managing and regulating their sensory needs.

Presented By:

Kathryn Zarvie, Instructor, Child and Youth Care Program, Red River College

Leslie Gowanlock, BA, HBSW, MSW, RSW, CPT Manitoba Adolescent Treatment Centre, Rural and Northern Telehealth Services

SESSION A02 – 10:45a.m. – 12:15p.m.

Mentorship From the Mat

Studies indicate the efficacy of yoga and meditation based practices for the benefit of emotion regulation in a variety of populations, including youth with anxiety, depression, ADHD, Aspergers, Autism and more.

These authors propose a combined psychoeducation/practice based workshop that will help Child and Youth Care practitioners to better understand how mindfulness based practices are to be used within this paradigm of care. Mentoring youth to practice mindfulness can provide an opportunity for youth to use their own body as a tool to understanding their emotions, gaining self-awareness that leads to emotion regulation and learning self-compassion through healing from traumatic experiences.

Presented By:

Susan Claire Johnson, MMFT, University of Winnipeg, Red River College

Christy Miyanishi, Master’s Candidate, University of Manitoba

SESSION A03 – 10:45a.m. – 12:15p.m.

Exploring the Meaning of Mentorship

The Child and Youth Care profession has long been identified as work done in the context of a *relationship* with a young person. Being in a relationship with young people requires that not only do we build empathic and caring relationships with young people, we are also required to set guidelines and limits for these same young people. So are we coaches or mentors? How do these two roles differ, interface and diverge. Come and join the discussion.

Presented By:

Deb Fast, Competency Based Child and Youth Care Training Coordinator

SESSION A04 – 10:45a.m. – 12:15p.m.

Design From Empathy

By sharing Protegra's development journey of Butterfly (<http://ourbutterfly.com/>) – a service aimed at bringing the community improvement ideas of youth into life - participants will see how an idea can be developed by creating empathy with its intended customers. Furthermore, participants will learn how empathy ties into product/service development, as well as show the importance of mentors while creating ideas with youth. Through utilizing easy to use and interactive activities, participants will leave the session knowing what the first steps to take are in developing new ideas.

Presented By:

Chris Loewen, Protegra

SESSION A05 – 10:45a.m. – 12:15p.m.

JUST TV – Mentorship, Empowerment, Independence

The session will provide an overview of the Just TV program and how mentorship is a key component of the foundation of the program. A Just TV Alumni will share her experience and how mentors have impacted her life, and share about how she has transitioned into mentoring youth herself. Often as child and youth care workers we encourage youth to push themselves outside of their comfort zones. Youth are out in new situations, with new people on a regular basis. A key characteristic of a strong mentor is the ability to look at a situation through the mentees perspective. Child and youth care workers who attend this breakout session will participate in the same icebreaker activity that all Just TV youth do on their first night of program. Each participant will engage in an on-the-spot camera interview in front of the group – once everyone has been interviewed the footage will be played back to the group. The group and facilitators will debrief about how the experience felt, share any perspectives that they may have gained and their hope for mentorship in the future.

Presented By:

Erica Daniels, Just TV Alumni and Youth Facilitator

Addison Sandy, Technical Instructor

Laura Johnson, Program Manager

SESSION A06 – 10:45a.m. – 12:15p.m.

Building Futures: Engaging a Community to Improve Outcomes for Youth In and From Care

This workshop will highlight Building Futures, an innovative and evidence-informed new model of supporting youth preparing for the transition from care, and expanding support to former youth in care, developed and implemented by Manitoba's General Child and Family Services Authority. Through an interactive presentation learn how improvements have been made to the transition planning process, and, how a network of services for youth and young adults in the areas of finance, employment, education, mental health/emotional wellbeing, and mentorship have been established through a community capacity approach.

Presented By:

Jennifer Fallis, Policy Analyst, General Child and Family Services Authority

SESSION B01 – 1:30p.m. – 4:00p.m.

Critical Thinking Leadership...Supporting CYC Excellence Into the Future

Great leaders create more leaders, not just many followers. Great leaders don't merely give answers, they ask the right questions. Just by the nature of the process CYC leaders who encourage critical thinking, a standard of excellence and sound ethical practice are creating a foundational mentoring message for future CYC leaders they come in contact with. This highly interactive workshop is for current and future leaders who want to examine qualities and strategies of excellent leadership.

Presented By:

Frank Delano, President, Professional Package Consulting

SESSION B02 – 1:30p.m. – 4:00p.m.

“Unraveling the Mentoring Thread”: A Multigenerational Reflection on Process and Practice

In Child and Youth Care Practice, we often discuss the importance of professional development. We spend a great deal of time focusing on training, education, experience, and supervision as parts of that process. If we are to continue to grow and develop as Child and Youth Care Practitioners, both individually and as a profession, then we need to actively seek out opportunities to do so. In our relational field, how is mentorship defined, practiced, and used as a tool of transformation and empowerment? Join us to explore the mentoring process and the critical role it plays in our field.

Presented By:

Kelly Grunsten, Team Leader, Project Neecheewam

Jessica Hadley, Program Supervisor, Project Neecheewam

Andy Leggett, Clinical Director, Broken Arrow

Thom Garfat, PhD., Director, Transform Action International

SESSION B03 – 1:30p.m. – 4:00p.m.

I See You, I Hear You: Encouraging Youth Voice

We work with remarkable young people whose voices are often unheard or unanswered. In our role as frontline Child and Youth Care Practitioners, how do we assist young people in making their voices heard? Through an interactive and experiential learning activity, workshop participants will explore how to use expressive arts and media to tell a story in everyday, frontline life.

Presented By:

Diane Parris, Instructor, Child and Youth Care Program, Red River College

Marie Christian, Program Coordinator, VOICES: Manitoba's Youth in Care Network

SESSION B04 – 1:30p.m. – 4:00p.m.

Mentoring or Being Mentored

This workshop will emphasize the significance mentoring has on youth and Child and Youth Care Practitioners both as mentors and as someone being mentored.

Participants will hear personal stories of the impact mentors had on the lives of youth and Child and Youth Care Practitioners and how that contributed to the mentors they became to others.

Participants will learn about the attributes of good mentors and some of the fallout that occurs when mentorship is lacking.

Participants will leave the workshop grateful for the mentoring that they had in their own lives and inspired to be great mentors to others.

Presented By:

Bev Wiebe, Child and Youth Care Lifer

SESSION B05 – 1:30p.m. – 4:00p.m.

Positive Engagement with Hard to Reach Youth

Research shows that the quality of human relationships in youth programming can be more influential than the program itself. At this workshop we will present the main aspects of Momenta's leadership model based on research in the fields of youth development, experiential education, adventure therapy, and social work practice. Participants will learn proven methods to engage with children and youth to affect change in individuals, programs and communities including overviews of anticipated outcomes.

Presented By:

Sara Harrison, Facilitator and Owner, MOMENTA

Lise Brown, Facilitator and Owner, MOMENTA

KEYNOTE – 9:00a.m. – 11:45p.m.

DR. MARTIN BROKENLEG



Dr. Martin Brokenleg is co-founder of the Circle of Courage and consultant for Reclaiming Youth International, providing training worldwide for individuals who work with youth at risk. He holds a doctorate in psychology and is a graduate of the Anglican Divinity School. He is a retired professor and was most recently Director of Native Ministries and Professor of First Nations Theology. Vancouver School of Theology at the University of British Columbia. For thirty years, Dr. Brokenleg was Professor of Native American studies at Augustana College of Sioux Falls, South Dakota. He has also been a director of The Neighborhood Youth Corps, chaplain in a correctional setting, and has extensive experience as an alcohol counselor. Dr. Brokenleg has consulted and led training programs throughout North America, New Zealand, and South Africa. He is the father of three children and an enrolled member of the Rosebud Sioux Tribe practicing the culture of his Lakota people

SESSION C01 – 1:00p.m. – 2:30p.m.

Mentoring through Educational Conversations in Youth Work

In Manitoba, we are very quick to prescribe counselling, treatment, and rehabilitative intervention programs for young people in the hope of facilitating change. In this session, participants will be encouraged to find solutions to this fundamental question: Given the choice, would targeted young people engage in mentorship relationships with us as professionals? If the answer is no, then how do we create a mentorship models within youth work that are informed by critical pedagogy and voluntary participation? In the session, participants will be encouraged to critically analyse their own privileges, values, and status, and the subsequent effect on the educational youth work process for young people. In addition, the session seeks to explore mutuality of power as an effective method of engaging young people and facilitating change.

Presented By:

Ebenezer Duncan-Williams, Brandon University, Professional Youth Worker

SESSION C02 – 1:00p.m. – 2:30p.m.

Mentorship through Leadership Development

In the Child and Youth Care field, inspiring mentors are often the most competent leaders, and good leaders can be excellent mentors.

In the field of CYC practice, we all have opportunities to act in leadership and mentor roles. In our work, we have a leader and mentor role with children and youth; but we can also take on a leadership role with our co-workers, whether or not we have the title of supervisor. This presentation is for Practitioners in their first year on the front line, as well as those several years into a supervisory role.

This participatory workshop presentation will address questions such as: What defines a good leader? How do I become a better mentor and leader? Do I have leadership qualities? Participants will be encouraged to use their life and work experiences to explore the themes related to leadership and mentorship.

Presented By:

Michelle Van Hove, Human Resources Officer, B & L Resources for Children, Youth and Families

SESSION C03 – 1:00p.m. – 2:30p.m.

“Live my Life: See What it’s Like” Research & Video Project

Live my life, See what it’s like is an “exciting and innovative program” which addresses the concept of youth mentorship in child and youth care. The Live my Life workshop presents the results of our research regarding youth in care’s experiences of Child and Youth Care Practitioners’ (CYCP) practice and care. Youth speak honestly about what works and what gets in the way of good CYC practice. In the workshop, CYC practitioners are challenged to become mentors for youth and advocates for change, and to take active roles in promoting youth voice in their work.

Presented By:

Diane Parris, Instructor, Child and Youth Care Program, Red River College

*Project Assisted by *Dawne MacKay-Chiddenton*, Retired Instructor, Child and Youth Care Program, Red River College

SESSION C04 – 1:00p.m. – 2:30p.m.

Games Leader

Join us for an action packed session. Learn how to plan and run a fun, safe and engaging games session for any age group. This workshop includes many new activities that need few supplies. A written description of activities taught will be provided.

Participants should be prepared to play the games and come dressed in comfortable clothes and shoes.

Presented By:

Sara Harrison, Facilitator and Owner, MOMENTA

SESSION C05 – 1:00p.m. – 2:30p.m.

Visions and Voices

Visions and Voices is a speaker’s bureau comprised of adults who live with fetal alcohol spectrum disorder (FASD). Our speakers offer first-hand insight into what it is like to live with FASD. They can articulate strategies and accommodations that have worked for them as they continue to live with their disability. Through sharing their stories of hope, struggle, and accomplishment with the public, our presenters are role models who seek to increase awareness about FASD and to reduce the shame and stigma that is often attached to the disability. We have presented to families, care providers, and professionals who work with community members in various settings.

Visions & Voices operates within the Touchstone FASD program, under the umbrella of Initiatives for Just Communities.

Presented By:

Selected Speakers

SESSION C06 – 1:00p.m. – 2:30p.m.

Ethical Leadership Skills Promote Psychological Health and Safety

This presentation will explore what it means to be a leader who practices an ethical approach to leading. How does IQ and EQ play a role in leadership and how aware are organizations of the psychological impact on the health and safety of employees in relation to the leadership approaches within the organization? Learn about the competencies that are required to become a leader who acknowledges the importance of creating a healthy work environment that is directly related to an ethical leadership practice.

Presented By:

Jacqueline Wall, Director of Client Services, Macdonald Youth Services

PANEL & CLOSING REMARKS – 2:45p.m. – 4:00p.m.

